

Mrs. Boice's Historie Academie

presents

Women's Lives During the Revolutionary War: A Hands-on Learning Weekend

at [Sky Meadows State Park- Historic Settle Farm](#) on Saturday-Sunday, October 1st- 2nd 2016

Join us for this engaging weekend of learning with some well-known and esteem'd presenters and workshop teachers from the region and further north along The Great Philadelphia Road in a supportive and welcoming environment...especially geared towards women but men and children are welcome, too!

Highlights for Saturday (program runs from 9am-9:30pm):

~ *It's in the Details: Clothing the Colonial Woman* with April C. Thomas, a Living History Interpreter, Fashion Designer, and Owner- [Fashions Revisited](#)

Learn some of the methods that will help you to determine the best garments and accessories for your persona based on region, culture, and socio-economic status. We'll then view some reproductions of some of the objects mentioned.

Afternoon Sessions:

~ *Keeping Tabs: Taverns, Ordinaries, & Coffeehouses in 18th-century Maryland* with Nicki Foronda, Independent Historian

A look at taverns, ordinaries, and coffeehouse establishment in 18th-century Maryland, with a focus on Mary Howard, proprietress of The Maryland Coffee House in Annapolis.

~ *Readying for Winter: Cleaning the Colonial House* with Kirsten Hammerstrom, Dir/Collections- RI Historical Society & a Living History Interpreter

An exploration of the work and methods that servants, slaves, and housewives would have used to clean the house before closed-up for winter.

~ *The Winter Medicine Chest* with Erica Patton, Independent Historian

Before the advent of modern-day pharmaceuticals, women typically took time in the fall to prepare medicines and remedies using plants and herbs grown and foraged during the summer months. Learn how herbs and plants were prepared and used to treat various ailments during the period.

Afternoon Workshops:

~ *Tiny Looms: Tape Weaving in 18th-Century North America* with Mara Riley, Independent Researcher, Historian, & Fiber Artist

A look at period tapes with an opportunity to use paddle, box, and treadle tape looms. (8/session from 12:30-2pm)

~ *Hand Sewing Basics 101* with Bettie Brezee, Independent Historian

A tutorial on basic 18th-century sewing techniques. (10/session from 2-3:30pm)

~ *1770's Caps for Women: Lower, Middlin' and Upper Classes* with Vicki Embrey, Independent Historian

View the 3 different cap kit options to choose which is suitable to the type of lady you usually portray. Then attend the workshop to learn basic hand sewing stitches and begin constructing your new cap. A follow-up session offered on Sunday with the instructor. (Materials fee: \$30/kit; 15/session from 12:30-3:30pm)

~ *18th- Century Country Dancing Tutorial* with Frans Verbunt

Learn some of the basic steps and figures in preparation for the evening programme. (all are welcome from 4-5pm)

~ Game Night at the Tavern ~

We'll convene around 7pm to enjoy some period music & dance, games & gossip, and snacks & non-alcoholic drinks!

Highlights for Sunday (program runs from 9am-1pm):

~ *Anglican Church Service* by Tad Miller, Independent Historian

Morning prayer from the 1734 printing of *The Book of Common Prayer*.

Morning Sessions:

~ *18th-Century Laundry* with Cat Schirf, Living History Interpreter

During the 18th century, laundry was done by different organizations and people in different ways, dependent on place and persons doing the work- whether in a camp, plantation, or general household setting.

Morning Workshops from 10am-Noon:

~ *1770's Caps for Women: Lower, Middlin' and Upper Classes* with Vicki Embrey, Independent Historian

A follow-up session offered to workshop attendees to review details and ask questions.

~ *Filling the Winter Medicine Chest* with Erica Patton, Independent Historian

Take a more in-depth look at the role of herbs/plants as medicine as we prepare 3 varieties of remedies to take home and taste other common "cures." (Materials fee: \$15pp; 10/session)

~ *Tiny Looms: Tape Weaving in 18th-Century North America* with Mara Riley

A look at period tapes with an opportunity to use paddle, box, and treadle tape looms. (8/session)

The \$125 registration fee for the weekend includes a resource packet with handouts from each speaker, all meals (2 breakfasts, 2 lunches, 2 suppers, & snacks), & Games Night in the Tavern.

Also, \$10 of each fee will be donated to the Park to aid in their continued efforts of preservation & education.

Participants are encouraged to wear period clothing for the duration of the program and bring bedding (if staying on-site), a lantern, a chair/seating, and a personal mess kit (cup, plate or bowl, + utensils). Accommodations are available on-site (from primitive to modern camping) with the option to arrive on Friday beginning at 3pm- we'll even have supper for you @ 6:30.

Want to make a weekend of attending the program?

Loved ones young and old are welcome to enjoy these programs offered by Sky Meadows State Park staff or Academie friends:

- *The Settle's Kettle*: An open-hearth cooking demonstration in the Log House on Saturday from 12-3pm
- *Angling*: Bring your poles and accessories (18th-century style or modern) to angle for some fish on Saturday from 1-3pm; individuals responsible for obtaining [VA State fishing license](#)
- *Games Night at the Tavern*: All are welcome to participate to enjoy some 18th-century style fun!
- *Mount Bleak House Tours*: Guided tours of the 1840's historic house on Sunday from 11am-4pm
- *Stroll Through History- Piedmont Overlook*: A ranger-guided 1.5 mile hike to the Overlook on Sunday from 1-3pm



To download a registration form -or- to register online using *PayPal*, visit: www.boicehistorieacademie.com

Have a question? Contact us: historiesymposia@gmail.com -or- 215-932-5583

